

Stand Easy

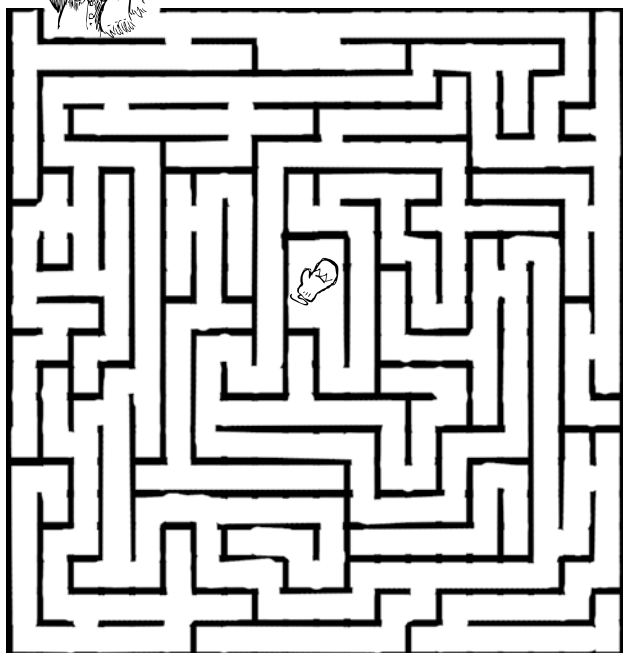
Stand Easy is a monthly publication produced by DGPFS for CF members everywhere.

Comments? Email: StandEasy@cfpsa.com

www.cfpsa.com/StandEasy



Where's my other mitten?



Winner October Contest

*MCpl Anthony Pye,
CFB Petawawa,
is the lucky winner
of our October contest.*

He answered our quiz correctly
and won a \$50 CANEX
gift certificate.

Congratulations!



Did You Know?

Soldier On contributes to optimizing the functional independence of ill or injured CF personnel or former personnel by delivering programs and services and facilitating and integrating opportunities that support their full and active participation in physical fitness, health promotion and sport.

The **Soldier On** program:

- encourages ill and injured CF personnel to attain and maintain a healthy and active lifestyle.
- supports these personnel in increasing their independence, in developing new skills and in achieving goals.
- furnishes an opportunity for them to socialize and explore common interests, and share learning experiences.

WANTED: PHOTOS

Got a photo you want to share?

Submit to *Stand Easy* and you might find it in the next issue!



Interesting Fact

The Soldier On Fund raises funds in support of ill or injured CF personnel. No administrative costs are deducted from a donation. 100% of contributions go directly to support injured soldiers.

I know I can count on my CANEX anywhere I go!

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